

# DAILY PRACTICE JOURNAL FOR BRASS

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

## PRELIMINARY WARM-UP

- Breathing Exercises
- Lip Vibrations

Comments: \_\_\_\_\_

## LONG TONES

- Remington Exercises
- Descending Interval Ex.
- Cichowitz Flow Study
- Other Long Tone Ex.
- Vibrato

Comments: \_\_\_\_\_

Category Time

Metronome  Tuner

## LIP SLURS

- Lip Slur Exercises
- Basic Flexibilities

Comments: \_\_\_\_\_

Category Time

Metronome  Tuner

## TECHNIQUE

- KOW Studies
- Other Scales / Arpeggios
- Multiple Tonguing Ex.
- Other Technique Book

Comments: \_\_\_\_\_

Category Time

Metronome  Tuner

## ETUDES / SOLO MUSIC

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Comments: \_\_\_\_\_

Category Time

Metronome  Tuner

## BAND / ENSEMBLE MUSIC

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Comments: \_\_\_\_\_

Category Time

Metronome  Tuner

## WARM-DOWN

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Comments: \_\_\_\_\_

Total Session Time